

In the Name of God
Sadegh Shariati. PhD in TEFL
400 must have words for the TOEFL: Lesson4

Constraint(n) restriction محدودیت

The constraints (محدودیت‌های) of military life kept Eileen from seeing Private Morris more than once a year.

This decision will impose serious constraints on all schools.

Constrain (v) محدود کردن، مجبور کردن، ملزم کردن

Research has been constrained (محدود کردن) by a lack of funds.

The company said that it was constrained (مجبور کردن) to raise prices.

Constrained (adj) غیر طبیعی، ساختگی (صدا، رفتار..)

He seemed to be behaving in a strange and constrained (ساختگی، غیر طبیعی) manner.

impose (v) اعمال کردن

lack of funds نبود بوجه

raise prices افزایش دادن قیمت ها

restrict (v) محدود کردن

thought (n) فکر

military life زندگی نظامی

private (n) سرباز

more than بیشتر از

behave (v) رفتار کردن

strange (adj) عجیب

Contamination (n) آلودگی، آلوده کردن

Radioactive contamination

The contamination in the river came from the factory located just upstream.

Contaminate (v) adulterate آلوده کردن، (اخلاق، ذهن..) فاسد کردن

The drinking water has been contaminated (آلوده کردن) with lead.

They were accused of contaminating (فاسد کردن) the minds of our young people.

Contaminated (adj) آلوده

Some people believe that foreign countries sent some contaminated (آلوده) blood to our country.

Contaminant (n) آلاینده

Filters do not remove all contaminants (آلاینده) from water.

locate (v) قرار گرفتن، واقع شدن

upstream (n) بالای رود/ رودخانه

lead (n) جیوه

filter (n) فیلتر

remove (v) برطرف کردن

Deplete (v) reduce کاهش دادن، به ته رساندن

The prolonged war depleted (کاهش دادن) the country's national treasury.

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Food supplies were severely depleted.

Intensive fishing is depleting (کاهش دادن) fish stocks in the North Sea.

Depletion (n) کاهش، اتمام

We are being warned of Ozone depletion.

The depletion of fish stocks is alarming.

prolonged (adj) طولانی

food supplies ذخایر غذایی

food stocks ذخایر ماهی

alarming (adj) نگران کننده

warn (v) اخطار دادن

Dispose of (v) get ride of / دور ریختن، شکست دادن / کشتن

She disposed of (دور ریختن، از شر چیزی خلاص شدن) her unwanted possessions before moving.

It took her a mere 20 minutes to dispose of (کشتن / شکست دادن) her opponent.

Disposal (n) دفع، از بین بردن، فروش

He is a member of bomb disposal (از بین بردن) squad..

The next step is to think about disposal (فروش) of your asset.

Disposable (adj) یک بار مصرف

These days, people use disposable gloves.

possession (n) دارایی

opponent (n) حریف

squad (n) گروه

asset (n) دارایی

Elementally (adv) basically اساساً ، از لحاظ عناصر ،

Elementally, coal and diamonds are the same.

Element (n) عنصر، عامل

Cost was one of the elements in our decision.

There appears to be an element of truth in his story.

Elemental (adj) مهم، گسیخته، عناصر

We can see the elemental fury of the storm.

This is an elemental truth.

coal (n) زغال

diamond (n) الماس

the same همانند

fury (n) خشم

truth (n) واقعیت

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Emission(n)

(پخش، انتشار (نور، گرم، گاز، دودو غیر)

The Environmental Protection Agency regulates the emission(انتشار، پخش) of pollutants(آلاینده) into the air.

Emit(v) (نور، گرم، گاز، دودو غیر) ساطع کردن

Sulfur gases were emitted (ساطع کردن) by the volcano.

the environmental protection agency (آژانس محافظت از محیط زیست)

regulate (v) (نظم دادن)

volcano (آتشفشان)

Extinction (n) انقراض

Human beings have caused the extinction (انقراض) of many other species.

Extinct (adj) منقرض، غیر فعال

The red squirrel is in danger of becoming extinct(منقرض) all over the world.

human being (انسان)

species (گونه)

squirrel (سنجاب)

Reservoir (n) منبع آب

Terrorists threatened to put poison in the town's reservoir.

Reserve (v) حفظ کردن، رزرو کردن

I would like to reserve (رزرو کردن) a table for three for 8 o clock.

I would prefer to reserve my judgment until I know the facts. (من ترجیح می دهم اظهار نظر نکنم تا همه

حقایق را بدانم.)

terrorist(n) (تروریست)

poison (n) (سم)

would prefer (ترجیح دادن)

judgment(n) (قضاوت، اظهار نظر)

until (تا)

Shrink (v) (لباس) آب رفتن، کوچک شدن

If you dry your clothes on the "high heat" setting, they may shrink. (آب رفتن)

My sweater shrank (آب رفتن) in the wash.

The tumor had shrunk (کوچک کردن) to the size of a pea.

Television has shrunk (کوچک کردن) the world.

Shrinkage (n) آب رفتن، کوچک شدن

The shrinkage (کوچک شدن) of heavy industries is a disaster.

She bought a slightly larger size to allow for shrinkage (آب رفتن).

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pea(n) نخود
disaster (n) فاجعه
heavy industries صنایع سنگین

Stable (adj) باثبات، ثابت، پایدار، محکم، آرام و منطقی
He fell because the ladder wasn't stable (محکم، پایدار).
The prices are not stable (ثابت، ثابت) in our country.
Mentally, he is not very stable (آرام و منطقی)

Stably (adv) به طور محکمی

Stability (n) ثبات

In the near future, we may see the stability (ثبات) of the dollar on the world's money market.

Some countries do not have political, economic and social stability (ثبات)

Stabilize (v) تثبیت کردن/شدن، ثبات پیدا کردن/بخشیدن

The government has taken some measures to stabilize (تثبیت کردن، ثبات بخشیدن به) the prices.

Doctors stabilized (ثبات بخشیدن) the patient's conditions.

ladder(n) نردبان

Mentally(adv) از لحاظ روحی

measures اقدامات

با توجه به اینکه شما لغات فوق را یاد گرفته اید، متن داده شده با استفاده از کلمات داده شده زیر بخوانید و خلاصه آن را در گروه بار گذاری کنید.

	bio-diesel دیزل زیستی
consumption(n) مصرف	soybean دانه سویا
fossil fuel سوخت فسیلی	cooking oils روغن های خوراکی
crude oil reserves ذخایر نفت خام	vehicle وسیله نقلیه
underground reservoirs منابع زیر زمینی	modification تغییر
choice انتخاب	blend مخلوط
alternative جایگزین	witness شاهد بودن
promising نوید بخش، آینده دار	petroleum نفت
	reduce کاهش دادن